



**SOLVA
CARE**



Solva Care



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WISERD Annual Conference 2017

**Research and evaluation to
develop community social care -
our experience in Solva**

S Denman

F Barker

L Dixon



Solva

- **475 houses of which 24% (n=114) are holiday homes.**
- **660 on electoral roll, 37% over 65 years of age.**
- **Surgery, primary school, post office and shop, village hall, four pubs, gift shops, play areas, football field.**
- **Hospital in Haverfordwest.**
- **Economy dependent on tourism.**
- **Keen sense of community, lots of activities.**
- **Pro-active Community Council.**



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Solva Care -The Vision

Pilot Phase 2015-17

- To improve **HEALTH** and **WELL-BEING** by providing a coordinated, high quality, responsive, client centred **LOCAL** service.
- Centring on the **ILL, ISOLATED, VULNERABLE**.
- Achieved by **VOLUNTARY SERVICE**, the formation of a **DOMICILIARY CARE** 'company' and community engagement activities.

2017 -

- As above and we are a **CHARITY**.
- Extend into **PREVENTION, COORDINATE** with care agencies.



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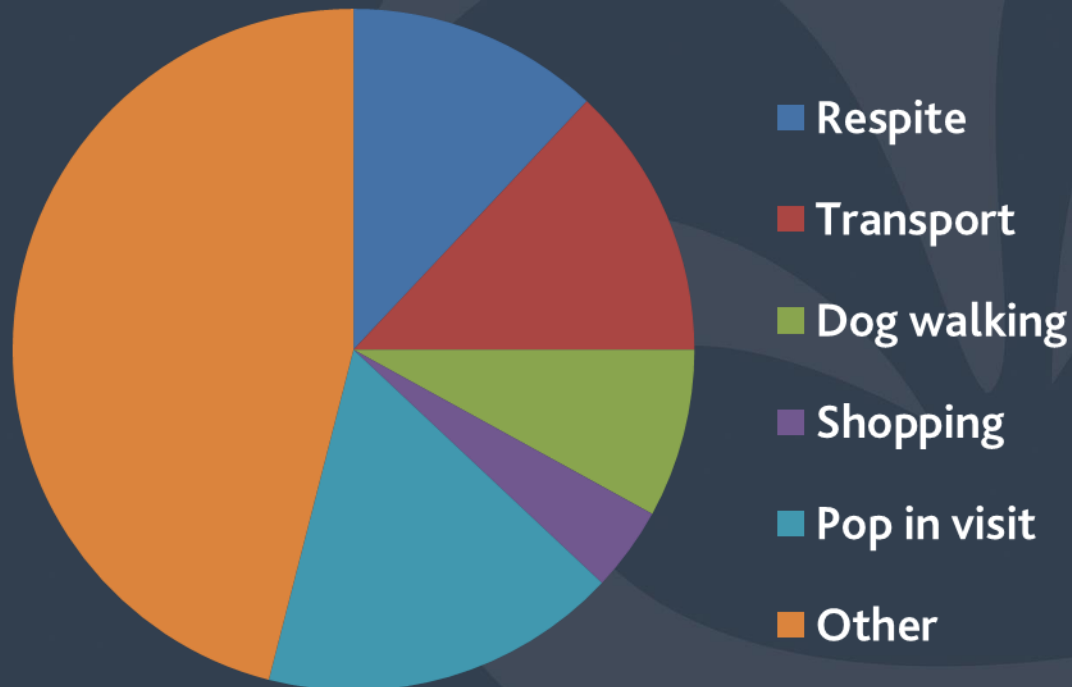
- Community voluntary service run by one part time paid employee, Lena Dixon, (**COORDINATOR**).
- Designed, set up and **RUN BY COMMUNITY** to meet the expressed needs of the community.
- Delivered by **30 TRAINED DBS CHECKED VOLUNTEERS**, coordinated by Lena.
- **FUNDED** by a number of sources Pembrokeshire Coast Parks, Welsh Government, Police, Hywel Dda Health Board, donations.
- **RESEARCH** Monitoring and Evaluation undertaken internally and in partnership with Cardiff, Swansea and Aberystwyth Universities.



Services provided

Aug 2015 – Dec 2016

2,374 hours





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Services



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Needs assessment

Questionnaire hand delivered to all households in Solva (n=361)

Questionnaire items:

- A Source, frequency, funding and type of care received, interest in receiving respite care (for those in receipt of care).**
- B Preference for type of care (for those not currently in receipt of care).**
- C Types of care Solva Care should provide, ideas for Solva Care, degree of support for the idea, interest in volunteering (for all).**



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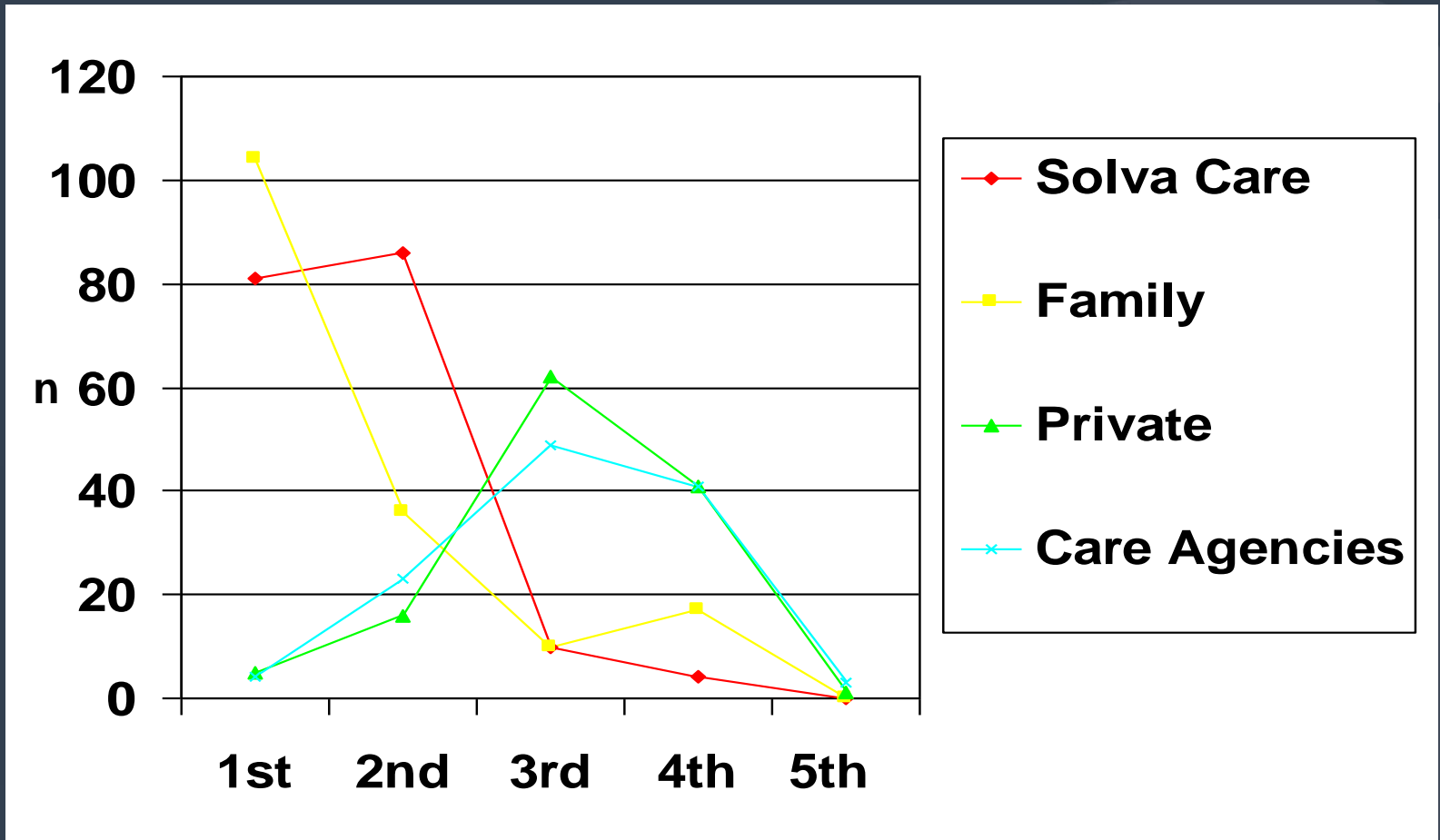
Results

- **310 questionnaires returned (85% response).**
- **11% (n=34) households currently in receipt of care, 89% (n=275) did not currently receive care.**
- **20%received care from a registered care agency, 8% from a private care provider and 72% from a family member, friend or relative.**
- **65%of those receiving care would use respite care.**
- **Those receiving care from a care agency or private care provider (28% of those receiving care) typically received daily or twice daily visits all week.**
- **Friends/family provided care on 24/7 basis, or once or twice daily visits.**



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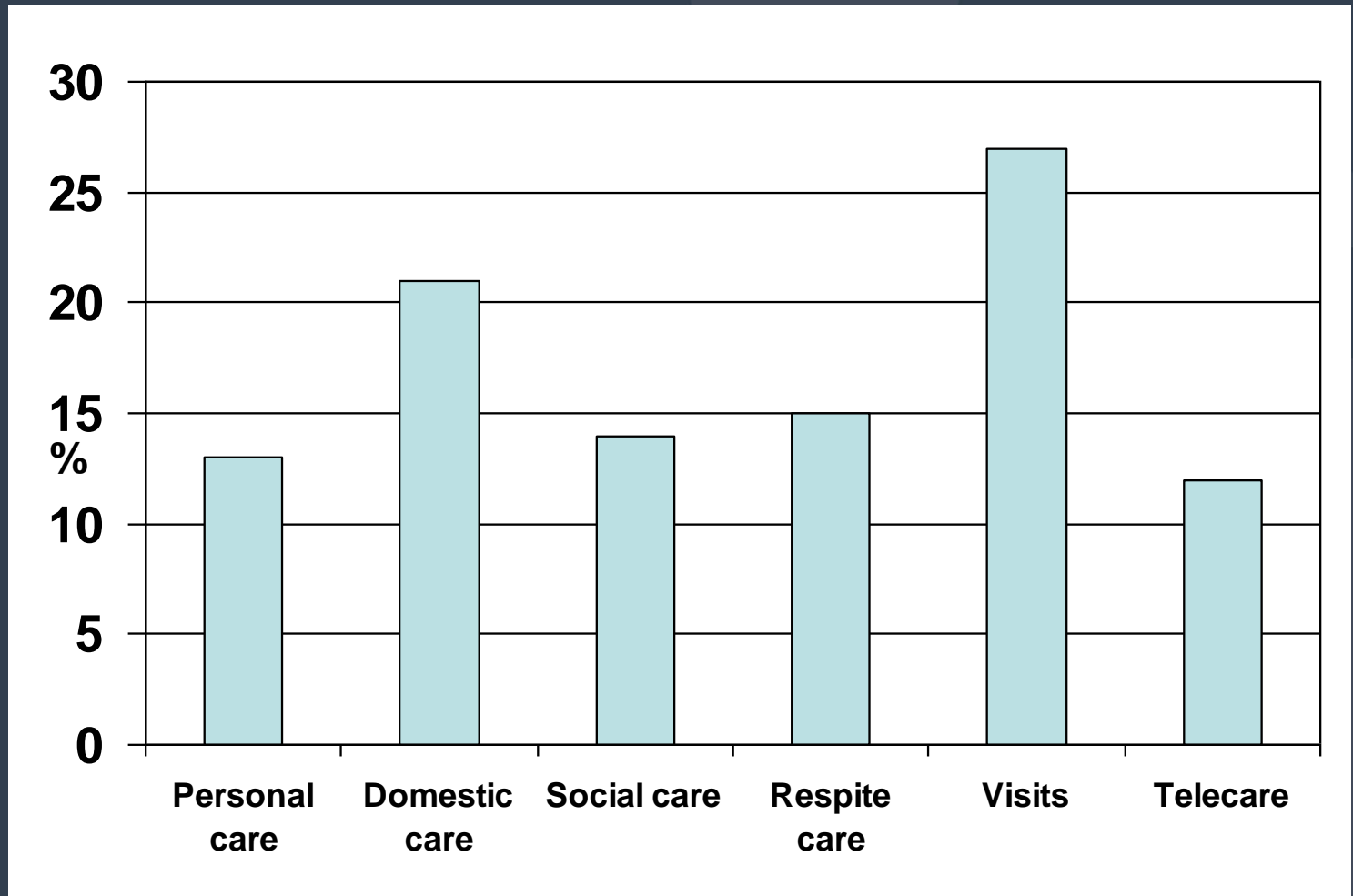
Preferences in Sources of Care



(n=275)



What would you use Solva Care for?



(n=286)



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Independent research of early Pilot

- **Solva Care one of two case studies (Cardiff University 2015-16).**
- **Management Board interviewed twice, documents examined.**
- **Found that social enterprises such as Solva Care are strong on social value, can benefit services and communities and increase their share of social care provision.**
- **But... have unmet support needs, are disadvantaged in tendering, require policy change and pragmatic solutions.**

(Ref: Luke Cowie 2016 Adult Social Care and the Foundational Economy. Report forthcoming)



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Feasibility Study

- **Is it possible to collect data about Solva Care, what data can we collect, and what can we learn from these data?**
- **Questionnaires to Solva Care clients and volunteers on well being, social interaction, health service usage (n=57 79% response).**
- **Looking at possibility of linking questionnaire data with routinely collected health service data held in SAIL.**
- **Focus groups with Solva Care clients (n=4) and volunteers (n=7) on experience of volunteering and using Solva Care.**

(Ref: Report 2017 To assess the feasibility of assessing the impact of Solva Care Bridie Evans et al, Swansea University)



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Feasibility Study Conclusion

- **Add to management data for research.**
- **Good response to questionnaires (79%).**
- **84% happy for data to be linked.**
- **Data collection and linkage successful.**
- **Focus groups very positive about Solva care providing practical and emotional support. Volunteers get a lot out of the role.**
- **Service has potential to reduce un-scheduled care and length of hospital stay.**



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Follow up community survey

- **80 % response.**
- **95% think Solva Care is very good or good.**
- **86% would use service again, 14% would consider doing so.**
- **People have found out about Solva Care from the Solva Community newsletter, friends and relatives and the Solva Care leaflet.**



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What has the community learnt about research?

- **Independent evaluations are useful.**
- **Community very interested.**
- **Partnerships need time to 'work'.**
- **Interests of funders, academics and community differ.**
- **Qualitative 'action research' best way forward including case studies of individuals.**
- **Economic evaluation needed?**
- **Inclusive grant schemes needed and with the right focus.**



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Next steps

- **Develop Solva Care.**
- **Tackle barriers.**
- **Disseminate.**
- **Do more analyses on second community survey.**
- **Apply for funding.**
- **Apply for 'sustainability' research funding.**
- **Collect case study data.**
- **Participate in Care Messenger trial.**
- **Reconvene and extend research partner ship.**



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Thanks to

Solva Care RME Team

Prof Ian Rees Jones , Dr Luke Cowie (Cardiff University)

Dr Bridie Evans and Team (Swansea University)

Prof Fiona Verity (Wales School of Social Care Research)

Nick Andrews (Swansea University)

Claire Hurlin (Hywel Dda Health Board)

Solva Care Funders:

- **Pembrokeshire Coast National Park's Sustainable Development Fund,**
- **Welsh Government Health and Social Services Group,**
- **Hywel Dda HB**
- **Dyfed-Powys Police Commissioner**





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Connecting our Community



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