



Solva Care 2022 Questionnaire - The results

General

320 questionnaires were delivered, and 263 were completed & returned.

42% of our population are over 65. Fortunately, most of them are well and happy.

90% of those responding own a car. Some 25 households do not have transport.

75% of people were confident using IT and 7% would welcome some help.

78% exercise regularly, 21% do not exercise at all - usually by reason of disability or age.

36 people use a variety of mobility aids to help them get about. Generally, help is needed with small repairs, general maintenance, heavy lifting and garden upkeep.

Covid

43% had not been affected at all by Covid, 40% had felt some effect and 16% had been affected a lot. People had felt isolated, there were medical problems and families had been unable to meet up.

Moving on post Covid was felt to be important - getting back to normal, offering more social events, looking outward, being positive, getting back to seeing the doctor, helping those who had lost confidence were among the points made.

Care (Note: there were problems about defining 'care')

Question about receiving care - 115 responses: Yes 23 No 92

28 people completed the Care Section. 23 households said they receive personal care. Responders were selective and added brief statements 'My neighbour does my shopping and washes my hair'. 'We look after each other'

Care needed/offered Preparing/eating food 22 Washing bathing/ using the toilet 10
Dressing and Undressing 11 Reading/communicating 9 Managing medicines/ treatments 21
Making decisions about money 14 Engaging with other people 9

8 people are with a registered care agency, 3 with a private care provider, 18 people with an adult family member, friend or other. Families care 24/7. Some people have family care supported by agency care. Agency carers follow the care plan, which varies.

7 people meet all the costs of their care, no one uses the direct payments option.



Solva Care

Is Solva Care of benefit to the community? 278 responses

275 agree Solva Care is of benefit to the community. (Some households did more than one response).

How did you hear about Solva Care? 278 responses

Most people heard about Solva Care through the Solva newsletter and word of mouth through family and friends

Question about volunteering: 171 responses 32 people are already volunteers and 58 are willing to take part in the future. 139 could not volunteer (please note: the questionnaires sometimes gave info about more than 1 person).

62% of respondents did not know that prior to the Covid lockdown, the Solva Care co-ordinator was available in the surgery on Friday mornings. 64% did not know that Solva Care is a source of information about direct payments etc.

On the question of Solva Care providing domiciliary care, 257 people responded and 71% said yes, it would be a good idea.

There were many suggestions about other support activities that might be offered.